



2011 Healing Wheels Tour

Benefiting the Inner City Health Center

Come Ride With Us June 11th

SCHEDULE

JANUARY 1ST

REGISTRATION OPENS

Adult Registration \$65 (\$75 After April 11th, \$85 Day of) - Family Ride \$35 (adult) \$25 (children under 12) - 2011 Event jersey Pre-order available \$69. Package Price - Jersey and registration for \$120 - Save \$14

APRIL 11TH

REGISTRATION

Registration increases to \$75.

JUNE 11TH

RIDE DAY

Bandimere Speedway:
3051 South Rooney Road Morrison,
CO 80465

5:30AM-9:30AM

CHECK IN/REGISTRATION

Riders arrive at Bandimere Speedway
(Free Parking)

BREAKFAST

Corner Bakery Will be serving
Breakfast from 5:30am-7:30am.

6:00AM

GRAND START

Century, Metric Century & Shorter
Training Route Riders Depart.

9:00AM

FAMILIES DEPARTURE

Families Riding the 5 or 10 Mile
Route Depart.

11:30AM-4:00PM

POST-RIDE CELEBRATION

Live Music, Lunch, & Giveaways!

Welcome to the 3rd Annual Healing Wheels Tour for 2011. We hope to see all of those who made it last year back again as well as some new faces to help support a great local charity. Not only is this ride a great way to support a local charity but it's a great early ride perfect if you're training for those later season mountain rides!

The Healing Wheels Tour is a charity cycling event to benefit Inner City Health Center, a non-profit clinic providing medical and dental services to the uninsured and underinsured population of Metro Denver. Riders will experience 100 Miles of scenic and challenging riding through and around Front Range landmarks and mountain towns, including Dinosaur Ridge, Red Rocks Park, Idledale, Kittridge and the Brook Forest Inn. The total elevation gain for the course is nearly 10,000 feet.

We would love to have you ride with us. Please forward the information to all your cycling friends. The success of this 3rd annual ride depends on getting the word out- please help us. Thanks!

CENTURY ROUTE

100 Miles

Healing Wheels new century route is a challenging and scenic ride through the foothill area. Riders will experience 100 miles of beautiful and challenging terrain as they ride through and around Front Range landmarks including Dinosaur Ridge, Red Rocks Park and the historic Brook Forest Inn, as well as the mountain towns of Idledale, Kittridge, Evergreen, and Idaho Springs. Additionally riders will experience an exhilarating climb up Squaw Pass where the elevation tops out at 11,140 ft. The total elevation gain for this route is over 9,350 feet - a perfect, challenging training ride for the summer's later high-mountain events.

METRIC CENTURY ROUTE

100 Kilometers (62 Miles)

This route is a challenging and scenic ride through and around the front range. Riders will pass by landmarks and mountain towns, including Dinosaur Ridge, Red Rocks Park, Idledale,

Kittridge and Evergreen Lake. This route also includes notable climbs past the Brook Forest Inn and (if up to the challenge) over High Drive before returning to the after-ride party at Bandimere Speedway. The total elevation gain for this route is nearly 5,000 feet - the perfect training ride for this Summer's later high-mountain events.

TRAINING ROUTE

53 miles

This route begins the same as the Metric Century Route, but has an exit point - making it 53 miles. This route is still very challenging and a leg-burning training route for any level of rider.

FAMILY ROUTES

5 or 10 miles

Teaming with Dinosaur Ridge on National Get Outdoors Day gives all participants a variety of options the entire family will enjoy. While at Dinosaur Ridge, families can enjoy the experience of metal detecting, gold panning, fossil sifting, fossil scribing, puppet show, door prizes, and the infamous Mr. Bones. Also available will be the Tram Tour over Dinosaur Ridge where there are 10 scientists available to explain the details of the various geological points along the Ridge.

Contact Information

Healing Wheels
Inner City Health Center
3800 York Street
Denver, Co 80205
info@healingwheelstour.com

Telephone: 720-833-5092
Fax: 720.833.5072

June 11, 2011 Ride Location:
Bandimere Speedway
3051 South Rooney Road
Morrison, CO 80465

Healing Wheels Tour Merchandise

Along with a great ride for a great cause, riders will receive:

- An 2011 Healing Wheels T-Shirt
- A ticket to the post-ride celebration
- A bag of SWAG from our sponsors

Riders can purchase additional T-Shirts and the Official “2010 Healing Wheels Tour Jersey”

- Products can be purchased at registration.
- Additional T-Shirts \$10.00
- Jersey \$69

Healing Wheels Tour Rider Waiver:

name

address

City, State, and Zip

Home Phone

Work Phone

Email

Age: _____

To participate in the Healing Wheels Tour, the following must be read and signed/accepted:

Safe & Considerate Riding Agreement:

Riding safely and considerately is vital to the safety and enjoyment for all the riders. The future of cycling events, like this one, depends on your cooperation in the following safe cycle practices. I therefore agree to ride single file except to pass when possible, wear a helmet at all times while riding, will not wear head phones ride as far to the right side of the road as practical, always carry personal identification, and obey all traffic regulations, signs and lights.

Release and Waiver Statement:

In consideration of the acceptance of my entry, I, the undersigned participant, for myself, my family member, heirs, administrators, personal representatives, successors and assigns hereby full release, discharge and hold harmless Inner City Health Center, the Healing Wheels Tour, and Jefferson County, together with any sponsors, owners, motor vehicle operators, officers, directors, employees, volunteers and agents of any of the foregoing persons or entities, from any and all liability, whether resulting from negligence of any aspect of the Inner City Health Center or the Healing Wheels tour, whether a pre-ride activity, a post-ride activity or the ride itself. I also expressly covenant with the aforementioned persons and entities not to sue any such persons and entities for any such activity, including the negligence of any such persons or entities.

Signature: _____ Date: _____

(parent or guardian if under 18)